

MAS 501 Pastoral Counseling I 2 Cr / 3 CEU

Instructor Name	Robert Brumet MS
Office Hours	M 3.00- 4.00pm; M W 9.30- 10.15am; T Th: 11:00- 11.30am, 2.30- 3.30 pm. Other times by appointment. (Sign-up sheet is on the door.)
Telephone	Office: 816 524 3550 x2440 Cell phone: 816 853 5721
E-Mail	BrumetRJ@unityonline.org
Prerequisites	None. Basic knowledge of Unity principles is assumed for this course.
Required Texts	Howard Clinebell, <i>Basic Type of Pastoral Care and Counseling: Resources for the Ministry of Healing and Growth</i> . Nashville TN: Abingdon, 1984. (This text is also used for MAS 503 Pastoral Studies) Gerald Corey. <i>Theory of Counseling and Psychotherapy</i> . (7th ed.) Belmont CA: Wadsworth, 2004. Eugene Pascal. <i>Jung to Live By: A Guide to the Practical Application of Jungian Principles in Everyday Life</i> . New York: Warner Books, 1992.
Recommended Reading (On Library Reserve)	Sam Menahem. <i>When Therapy Isn't Enough: The Healing Power of Prayer & Psychotherapy</i> . Winfield IL: Relaxed Books, 1995.

Course Description

This course explores the spiritual and psychological dimensions of pastoral counseling in a Unity ministry. We study Unity's theological perspective on counseling, as well as various psychological counseling models. Integration of psychological theory with spiritual principles is emphasized.

Learning Objectives

Upon completion of this course, students will be able to:

1. Explain the basic differences between spiritual counseling and psychological counseling.
2. Describe a variety of psychological counseling methods.
3. Compare and integrate the spiritual and psychological counseling methods.

The above objectives partially fulfill the following outcomes for the Master of Divinity and Certificate programs: 1. Provide spiritual counsel, establish rapport, and communicate empathy.
2. Perform pastoral care functions.

Assignments:

1. Read assigned material and participate in classroom discussion as appropriate.
2. Complete two in-class exams covering topics studied in this course.
3. Complete one take-home exam covering topics studied in this course.

Selected Bibliography:

To be provided with the complete syllabus one week before the first class.

Contact the faculty member for a copy of the complete syllabus.