

MAS 503 Pastoral Studies 2Credits/ 3 CEUs
T Th 10 -11:30 a.m. Spring 2009

Instructor Name	Robert Brumet
Office Hours	M 2:30-3:30 p.m.; T & Th: 9-10 a.m. & 3-4 p.m. Other times by appointment. (A sign-up sheet is on the door.)
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Required Texts	Clinebell, H. (1984) <i>Basic Types of Pastoral Care & Counseling: Resources for the Ministry of Healing & Growth</i> Nashville TN: Abingdon (This text is also used for MAS 501: Pastoral Counseling I)
Recommended Reading (These books are on Reserve in the library.)	Bradshaw, J. (1996) <i>Bradshaw On: The Family</i> . Deerfield Beach FL: Health Communications, Inc. Clinebell, H. (1998) <i>Understanding and Counseling Persons with Alcohol, Drug, and Behavioral Addictions</i> . Nashville TN: Abingdon. Hendrix, H. (1988) <i>Getting the Love You Want: A Guide for Couples</i> . New York: Henry Holt. Singh, K. (1998) <i>The Grace in Dying: A Message of Hope, Comfort, and Spiritual Transformation</i> . New York: Harper Collins.

Course Description

This course provides relevant information on a variety of life issues encountered in pastoral ministry. The focus is on the pastor's function and relationship to the congregants, as well as the effective use of Unity principles in various pastoral circumstances. The elements of designing, implementing and administering lay pastoral programs will be discussed. Prerequisite: MAS 501 Pastoral Counseling I or equivalent.

Learning Objectives

Upon completion of this course, students will be able to:

1. Articulate knowledge of a variety of life issues encountered in pastoral ministry.
2. Describe how these life issues will be addressed in their ministry.
3. Describe how their own life has been impacted by these issues and how these experiences will influence their ministry.

The above objectives partially fulfill the following outcomes for the Master of Divinity and Certificate programs:

1. Provide spiritual counsel, establish rapport, and communicate empathetically.
2. Perform pastoral care functions.

Class Schedule

Week	Date	Unit	Topic (hrs)	Reading Assignment	Paper/Exam/Activity
1a	2/09	I	Course Overview	Clinebell (1984) Ch 1- 5 (This may be read at any time during the first five weeks of the term)	RB
1b	2/12	I	Partnership & Marriage I	Clinebell (1984) Ch 10 Hendrix (Recommended)	RB
2a	2/16	I	Partnership & Marriage II	Hendrix (Recommended)	RB
2b	2/19	I	Divorce		RB
3a	2/23	I	Family Systems I	Bradshaw (Recommended)	RB
3b	2/26	I	Family Systems II	Bradshaw (Recommended)	RB
4a	3/02	I	Human Sexuality		A Gatewood PhD
4b	3/05	II	Addiction & Recovery I	Clinebell (1998) (Recommended)	RB (VCR)
5a	3/09	II	Addiction & Recovery II	Clinebell (1998) (Recommended)	RB
5b	3/12	II	Domestic Violence		A Domian PhD (Lap Top)
6a	3/16	II	Child Abuse		B Sheldon LCSW Unit I Reflection Due
6b	3/19	II	Religious Abuse		RB
7a	3/23	III	Aging & The Elderly		Rev R Burns MDiv
7b	3/26	III	Death & Dying: Hospice	Singh (Recommended)	J Ford MSW & Rev J Whiteside

Week	Date	Unit	Topic (hrs)	Reading Assignment	Paper/Exam/Activity
8a	3/30	III	Death & Dying: Langsford Funeral Home	Singh (Recommended)	S Langsford
8b	4/02	III	Suicide		D Forgey Ph D Unit II Reflection Due
9a	4/06	III	Memorial Services (1)		RB
9b	4/09	III	Grief & Bereavement	Clinebell (1984) Ch 9	RB
10a	4/13	IV	Lay Pastoral Programs	Clinebell (1984) Ch 16	RB
10b	4/16	IV	Summary & Closure		RB Unit III Reflection Due Term Paper Due

Assignments for the Master of Divinity program:

1. Read assigned text material.
2. Write three reflection papers: One reflection paper on the topics presented in each unit. Unit I paper is due 3/16; Unit II paper is due 4/02; Unit III paper is due 4/16. See pg 4 for details.
3. Write a term paper on any of the following topics: Marriage or Partnership; Divorce; Human Sexuality; Family Systems; Addiction and/or Recovery; Child Abuse and/or Domestic Violence; Aging & The Elderly; Suicide; Religious Abuse; Death & Dying; Grief & Bereavement. See page 4 for detailed instructions. Due Monday 4/16.

Grading

Assignment	Possible Points	Meets Learning Objective
Term Paper	100	1, 2
Reflection Papers (3)	150	1, 2, 3
Classroom Participation	50	1, 2, 3

Final Grade Determination:

300 - 270 = A

269 - 240 = B
 239 - 210 = C
 209 - 180 = D
 Below 180 = F

Assignments for the Certificate program:

1. Read assigned text material.
2. Write three reflection papers: One reflection paper on the topics presented in each unit. Unit I paper is due 3/16; Unit II paper is due 4/02; Unit III paper is due 4/20. See pg 4 for details.

Grading

Assignment	Possible Points	Meets Learning Objective
Reflection Papers (3)	120	1, 2, 3
Classroom Participation	30	1, 2, 3

Final Grade Determination

150 - 135 = A
 134 - 120 = B
 119 - 105 = C
 104 - 90 = D
 Below 90 = F

Assignments for the Master of Arts in Religious Studies:

1. Read assigned text material.
2. Write three reflection papers: One reflection paper on the topics presented in each unit. Unit I paper is due 3/16; Unit II paper is due 4/02; Unit III paper is due 4/20. See pg 4 for details.
3. Write a term paper on any of the following topics: Marriage or Partnership; Divorce; Human Sexuality; Family Systems; Addiction and/or Recovery; Child Abuse and/or Domestic Violence; Aging & The Elderly; Suicide; Religious Abuse; Death & Dying; Grief & Bereavement. See page 4 for detailed instructions. Due Monday 4/20.

Grading

Assignment	Possible Points	Meets Learning Objective
Term Paper	100	1, 2

Reflection Papers (3)	150	1, 2, 3
Classroom Participation	50	1, 2, 3

Final Grade Determination:

300 - 270 = A
 269 - 240 = B
 239 - 210 = C
 209 - 180 = D
 Below 180 = F

Instructions for Reflection Papers.

Unit I is comprised of the following topics: Marriage/ Partnership; Divorce; Family Systems; Human Sexuality. **Unit II:** Addiction and Recovery; Domestic Violence; Child Abuse; Religious Abuse. **Unit III:** Aging/Elderly; Death/Dying; Suicide; Grief/Bereavement.

Each reflection paper should contain the following: 1) A brief summary of each topic presented. 2) Your personal response to the topics. 3) Your plan for addressing this topic in your ministry.

Personal responses should include: your emotional response to the topic as presented; your personal history and/or healing needs with this issue.

Please double space all text. Include a cover page that contains your name, current date, course title and the paper's due date. Papers should be approximately 6-10 pages in length. Due dates: Unit I – 3/16; Unit II – 4/02; Unit III – 4/20.

Grading Criteria for Reflection Papers

- Compliance with assignment parameters.
- Depth of insight.
- Degree of self-awareness expressed.
- Clarity of written expression.
- Comprehensiveness of response.

Instructions for Term Papers

- The purpose of this paper is to present general information and an analysis of your chosen topic or issue, such that it would be of benefit to someone functioning as a Unity minister. The purpose of the paper is to educate the reader on the topic and then show him/her ways that Unity principles could be applied to this topic and how a Unity ministry could serve in this arena.
- Topics may be combined or slightly modified with approval of instructor.
- Include material from at least three authorities in the area you have chosen.

- Use APA standards for all notes and references.
- Length: min 3000 words (12- 15 pages).

Grading Criteria for Term Papers

- Compliance with assignment parameters.
- Depth of insight and understanding.
- Clarity of written expression.
- Use of research material. (Includes both quantity and quality of information.)
- Comprehensiveness of response.
- Grammar; spelling; sentence structure.

Expectations of Students

Students are expected to come to class on time having read the assigned material. Please turn off all cell phones before each class begins.

Classroom Protocol

Please behave in a manner that honors yourself and others, and honors the intention of this course and of Unity Institute. Some of our presentations will be by guest instructors. We ask that the students relate to them with dignity and respect.

Late Assignment Policy

Late papers may receive a grade reduction of 3% per day or 20% per week.

Attendance Policy

Although attendance is not formally taken students are expected to attend each class. Due to the nature of this course it will be very difficult to remediate a missed class. If you do miss a class, please see the instructor to discuss the matter.

Academic Honesty

Unity Institute assumes that all students desire to pursue their academic and transformational work with honesty and scholarly integrity. Cheating, plagiarism, facilitating academic dishonesty and misrepresentation of self or other students are prohibited. Students may seek the assistance from others as long as the student submitting the assignment is actually doing the work.

If a faculty member discovers a student violating academic honesty the following penalty may be applied, depending upon the severity of the infraction:

1. A reduced grade for the assignment.
2. A grade of zero for the assignment.
3. An "F" for the course.
4. Remand the decision to the full faculty.

A report will be sent to the faculty, the Dean, as well as kept in the student's permanent file.

For further information about academic honesty, students are directed to review the Unity Institute Catalog and Unity Institute Student Handbook.

Special Concerns

Due to the nature of this course, students may experience strong emotions or unhealed memories during or after a class presentation. We recommend that you attend to these needs; the instructor is willing to assist, if necessary. The healing of past issues is a very important component in preparation for ministry. At the same time, it is equally important to meet the responsibilities and academic

requirements of this course. If students have any special concerns and/or challenges that may affect their academic performance, they are encouraged to speak with the instructor about the issue.

Selected Bibliography (by topic)

Addiction & Recovery

Albers, R. (1997) Spirituality and Religion: Allies or Adversaries? *Journal of Ministry In Addiction & Recovery* 4(2), (pp. 1- 8). Binghamton NY: The Haworth Pastoral Press.

Anonymous. (1952) *Twelve Steps and Twelve Traditions* . New York: Alcoholics Anonymous World Services.

Anonymous. (1971) *Living With an Alcoholic: With the Help of Al-Anon*. New York: Al-Anon Family Group Headquarters, Inc.

Anonymous. (1975) *The Twelve Steps for Everyone... Who Really Wants Them*. Minneapolis MN: Compcare.

Anonymous. (1976) *Alcoholics Anonymous: The Big Book, the Basic Text of Alcoholics Anonymous* (3rd ed.). New York: Alcoholics Anonymous World Services.

Johnson, V. (1980) *I'll Quit Tomorrow: A practical guide to alcoholism treatment*. San Francisco: Harper & Row.

Keller, J. (1966) *Ministering to Alcoholics*. Minneapolis: Augsburg Publishing House.

May, G. (2007) *Addiction and Grace: Love and Spirituality in the Healing of Addictions*. NY: Harper Collins.

Schaefer, A. (1987) *When Society Becomes an Addict*. San Francisco: Harper & Row.

Aging

Beers, M., Jones, T., et al. (Ed.) (2004) *The Merck Manual of Health and Aging*. Whitehouse Station, NJ: Merck Research Laboratories.

Colmer, R. and Thomas, T. (2006) *The Seniors Guide to End-of-Life Issues: Advance Directives, Wills, Funerals & Cremations*. Chelsea, MI: EKLETIKA Press.

Kimble, M., McFadden, S., et al. (Ed.) (1995) *Aging, Spirituality, and Religion*. Minneapolis: Fortress Press.

MacKinlay, E. (Ed.) (2002) *Mental Health and Spirituality in Later Life*. Binghamton, NY: The Haworth Press.

Milton, H. (2004) *Wising Up: Life Without Regrets*. Author House.

Ram Das, (2000) *Still Here: Embracing Aging, Changing, and Dying*. New York: Penguin Putnam.

Rowe, J. and Kahn, R. (1998) *Successful Aging: Learn the Surprising Results of the MacArthur Foundation Study...* New York: Dell Publishing.

Vaillant, G. (2002) *Aging Well: Surprising Guideposts to a Happier Life From the Landmark Study of Adult Development*. Boston: Little, Brown And Company.

Child Abuse/ Domestic Violence

Forward, S. (1986) *Men Who Hate Women & The Women Who Love Them: When Loving Hurts and You Don't Know Why*. New York: Bantam Books.

Gil, E. (1983) *Outgrowing the Pain: A Book For and About Adults Abused as Children*. New York: Dell Publishing.

Hancock, M. and Mains, K. (1988) *Child Sexual Abuse: A Hope for Healing*. Crowsborough, East Sussex, UK: Highland Books.

Markham, U. (1998) *Childhood Trauma: Your Questions Answered*. Rockport MA: Element Books.

Miller, A. (2001) *The Truth Will Set You Free: Overcoming Emotional Blindness and Finding Your True Adult Self*. New York: Basic Books.

Walker, L. (1979) *The Battered Woman*. New York: Harper and Row.

Wilson, S. (1993) *Hurt People Hurt People: Hope and Healing For Yourself and Your Relationships*. Nashville TN: Thomas Nelson.

Death & Dying

Johnson, E. (1985) *As Someone Dies: A Handbook for the Living*. Santa Monica CA: Hay House.
Keleman, S. (1974) *Living Your Dying*. New York: Random House.

Kubler-Ross, E. (1969) *On Death and Dying: What the Dying Have to Teach Doctors, Nurses, Clergy, and Their Own Families*. New York: Macmillan Publishing Co. Inc.

Kubler-Ross, E. (1995) *Death is of Vital Importance: On Life, Death, and Life After Death*. Barrytown NY: Station hill Press.

Levine, S. (1982) *Who Dies: An Investigation Into Conscious Living and Conscious Dying*. New York: Anchor Doubleday.

Levine, S. (1998) *A Year to Live: How to live this year as if it were your last*. NY: Random House.

Loehr, F. (ed.) (1987) *Death With Understanding*. Grand Island FL: Religious Research Press.

McGatch, M. (1969) *Death: Meaning and Mortality in Christian Thought and Contemporary Culture*. New York: The Seabury Press.

Nichols, T. and Wiseman, G. (2004) *Live Like You Were Dying*. Nashville TN: Thomas Nelson.

Nouwen, H. (1994) *Our Greatest Gift: A Meditation on Dying and Caring*. New York: Harper Collins.

Nuland, S. (1993) *How We Die: Reflections on Life's Final Chapter*. New York: Random House.

Sapienza, J. (2002) *Urgent Whispers: Care of the Dying*. Eugene, OR: Lifelong Learning Excellence, Inc.

Thomas, S. (1983) *What To Do, Know, and Expect When a Loved One Dies*. Seattle WA: Type Plus.

Divorce

Clapp, G. (1992) *Divorce and New Beginnings: An Authoritative Guide to Recovery and Growth, Solo Parenting and Stepfamilies*. New York: John Wiley and Sons.

Fisher, B. (1981) *Rebuilding: When Your Relationship Ends*. San Luis Obispo, CA: Impact Publishers.

Ford, D. (2001) *Spiritual Divorce: Divorce as a Catalyst for an Extraordinary Life*. New York: Harper Collins Publishing Co.

Krantzler, M. (1973) *Creative Divorce: A New Opportunity for Personal Growth*. New York: M. Evans and Company.

Margulies, S. (1992) *Getting Divorced Without Ruining Your Life*. New York: Simon & Schuster.

Family Systems

Friel, J. and Friel, L. (1988) *Adult Children of Alcoholics: The Secrets of Dysfunctional Families*. Deerfield Beach FL: Health Communications

Satir, V. (1967) *Conjoint Family Therapy*. Palo Alto CA: Science and Behavior Books.

Satir, V. (1988) *The New Peoplemaking*. Mountain View CA: Science and Behavior Books.

Wegscheider, D. (1979) *If Only My Family Understood Me....* Minneapolis: Compcare.

Whitfield, C. (1987) *Healing the Child Within: Discovery and Recovery for Adult Children of Dysfunctional Families*. Deerfield Beach FL: Health Communications, Inc.

Whitfield, C. (1993) *Boundaries and Relationships: Knowing, Protecting and Enjoying the Self*. Deerfield Beach FL: Health Communications.

Grief & Bereavement

Bozarth-Campbell, A. (1983) *Life is Goodbye, Life is Hello: Grieving Well through All Kinds of Loss*. Minneapolis: Compcare Publishers.

Bridges, W. (1980) *Transitions: Making Sense of Life's Changes*. Reading MA: Addison-Wesley Publishing Co.

Brumet, R. (1995) *Finding Yourself in Transition: Using Life's Changes for Spiritual Awakening*. Unity Village MO: Unity Books.

Colgrove, M. Bloomfield, H. and McWilliams, P. (1976) *How to Survive the Loss of a Love*. New York: Bantam Books, Inc.

Lattanzi-Licht, M. and Doka, K. (ed.) (2003) *Living With Grief: Coping With Public Tragedy*. Washington DC: Hospice Foundation of America.

Rupp, J. (1988) *Praying Our Goodbyes*. Notre Dame IN: Ave Maria Press.

Viorst, J. (1986) *Necessary Losses: The Loves, Illusions, Dependencies and Impossible Expectations That All of Us Have to Give Up in Order to Grow*. New York: Ballantine Books.

Human Sexuality

Carnes, P. (1997) *Sexual Anorexia: Overcoming Sexual Self-Hatred*. Center City MN: Hazelden.

Childers, B. and Wheeler, E. (1996) *Sexual Challenges: Navigating Your Course Through Troubled Waters to Loving Relationships*. Ventura CA: Pathfinder Publishing.

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Labowitz, S. (1998) *God, Sex, and Women of the Bible: Discovering Our Sensual, Spiritual Selves*. New York: Simon and Schuster.

Lawlor, R. (1989) *Earth Honoring: The New Male Sexuality*. Rochester VT: Park Street Press.

Moore, T. (1998) *The Soul of Sex: Cultivating Life as an Act of Love*. New York: Harper Collins.

Ogden, G. (xxx) *The Heart and Soul of Sex: Making the Isis Connection*. xxx

Rutter, P. (1989) *Sex in the Forbidden Zone: When Men in Power Betray Women's Trust*. Los Angeles: Jeremy Tarcher.

Mental Illness

Charry, D. (1981) *Mental Health Skills For Clergy: Evaluation, Intervention, Referral*. Valley Forge PA: Judson Press.

Roukema, R. (2003) *Counseling For The Soul In Distress: What Every Religious Counselor Should Know About Emotional and Mental Illness*. (2nd ed.) Binghamton NY: The Haworth Pastoral Press.

Shouse, D. (2006) *Love in the Land of Dementia: Finding Hope in the Caregivers Journey*. Kansas City, MO: The Creativity Connection Press.

Woolis, R. (1992) *When Someone You Love Has a Mental Illness: A Handbook for Family, Friends, and Caregivers*. New York: G.P. Putnam's Sons.

Partnership & Marriage

Campbell, S. (1980) *The Couple's Journey: Intimacy as a Path to Wholeness*. San Luis Obispo CA Impact Publishers.

Fromme, A. (1965) *The Ability to Love*. New York: Farrar, Straus, & Giroux.

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Johnson, R. (1983) *We: Understanding the Psychology of Romantic Love*. San Francisco: Harper Collins.

Keyes, K. (1979) *A Conscious Person's Guide to Relationships*. Coos Bay OR: Living Love Publications.

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Religious Abuse

Benyei, C. (1998) *Understanding Clergy Misconduct in Religious Systems: Scapegoating, Family Secrets, and the Abuse of Power*. Binghamton NY: The Haworth Press, Inc.

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Kushner, H. (1996) *How Good Do We Have to Be: A New Understanding of Guilt and Forgiveness*. Boston: Little, Brown and Company.

Rutter, P. (1989) *Sex in the Forbidden Zone: When Men in Power Betray Women's Trust*. Los Angeles: Jeremy Tarcher.

Suicide

Batzler, L. (1988) *The Rising Tide of Suicide: A Guide to Prevention, Intervention, Postvention*. Frederick MD: Hidden Valley Press.

Deverel, D. (2000) *Light Beyond the Darkness*. London: Clairview.

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Quinett, P. (1987) *Suicide, The Forever Decision: For Those Thinking About Suicide, and For Those Who Know, Love, or Counsel Them*. New York: Continuum.

Robinson, R. (1989) *Survivors of Suicide*. Santa Monica CA: IBS Press

Smith, H. (2006) *A Long-Shadowed Grief: Suicide and Its Aftermath*. Cambridge MA: Cowley Publications.