

MAS 603 Spiritual Healing & Wholeness
M,Th 3-5 p.m. (2hrs/3units)

Instructor Name	Robert Brumet MS
Office Hours	M: 2:30-3:30 p.m.; T & Th: 9-10 a.m.; 3-4 p.m. Other times by appointment. (A sign-up sheet is on the door.)
Telephone	816 524 3550 x 2440 Cell Phone: 816 853 5721
E-Mail	BrumetRJ@unityonline.org
Required Texts	Brumet, R. (2002). The Quest for Wholeness: Healing ourselves, healing our world. Unity Village, MO: Unity House. Levine, S (1987) Healing Into Life and Death. New York:: Doubleday

Course Description

Spiritual healing has been, and continues to be, the heart of the Unity movement. Healing is seen to be more than the restoration of a prior state; it is seen as the complete manifestation of wholeness. In this course, students explore the process of spiritual healing and the nature of wholeness. Healing in all its dimensions is covered: spiritual, emotional, physical, relational, and global.

Learning Objectives

Upon completion of this course, students will be able to:

1. Assess the cause of human suffering, and how it can be transformed to spiritual wholeness.
2. Compare and contrast the role of love, faith and prayer in spiritual healing and wholeness.
3. Explain the relationship between personal wholeness and the healing of our world.
4. Determine the minister's role in healing others.

The above learning objectives partially fulfill the following program outcomes for the Master of Divinity:

MD-3 Recognize and practice personal habits that provide for a healthy ministry.

The above learning objectives partially fulfill the following program outcomes for the Certificate in Unity Ministry:

C-3 Recognize and practice personal habits that provide for a healthy ministry.

The above learning objectives partially fulfill the following program outcomes for the Master of Arts in Religious Studies:

MA-3 Create and maintain a personal spiritual practice.

Class Schedule

Week	Date	Topic	Reading Assignment	Paper/Exam/Activity
1a	9 Feb	Introduction to the Course		Bring Syllabus
1b	12 Feb	Defining healing & wholeness	Brumet, Ch 1	
2a	16 Feb	The archetype of wholeness	Brumet, Ch 2	
2b	19 Feb	Individuation	Brumet, Ch 3	
3a	23 Feb	The Transformation of Suffering	Brumet, Ch 4	
3b	26 Feb	The Transformation of Suffering		
4a	2 Mar	Responsibility	Brumet, Ch 5	
4b	5 Mar	Responsibility		
5a	9 Mar	Faith & Healing	Brumet, Ch 6	
5b	12 Mar	Faith & Healing		
6a	16 Mar	Love & Healing	Brumet, Ch 7	
6b	19 Mar	Healing & Relationships	Brumet, Ch 8	Reflection Questions #1 handed out.
7a	23 Mar	The Meaning of Healing	Levine, Ch 1	Abstract is Due
7b	26 Mar	A Healing Exploration	Levine, Ch 2- 3	

Week	Date	Topic	Reading Assignment	Paper/Exam/Activity
8a	30 Mar	The Path of Healing	Levine, Ch 4	Reflection Paper #1 due.
8b	2 Apr	Exploring the Unhealed	Levine, Ch 5	
9a	7 Apr	Love is the Bridge	Levine, Ch 6- 7	Reflection Questions #2 handed out.
9b	9 Apr	Forgiveness	Levine, Ch 8- 9	
10a	14 Apr	Grief & Healing	Levine, Ch 10	
10b	16 Apr	Connecting the Heart	Levine, Ch 11	Reflection Paper #2 due. Research Paper due

Assignments for the Master of Divinity:

Each student will complete:

1. Two reflection Papers
2. One 10-12 (min 2500 words) page research paper

(See pg 5 for more information about the written assignments)

Grading

Assignment	Possible Points	Meets Learning Objective
Class Participation	100 points	#1, 2, 3, 4
Reflection Papers (2)	(60 + 40) = 100 points	#1, 2, 3, 4
Research paper	100 points	#1, 2, 3, 4

Final Grade Determination:

270- 300	A
240- 269	B
210- 239	C
180- 209	D
Below 180	F

Assignments for the Certificate in Unity Ministry:

1. Each student will complete two reflection Papers.
(See pg 5 for more information.)

Grading

Assignment	Possible Points	Meets Learning Objective
Class Participation	50 points	#1, 2, 3, 4
Reflection Papers (2)	(60 + 40) = 100 points	#1, 2, 3, 4

Final Grade Determination

135- 150	A
120- 134	B
105- 119	C
90- 104	D
89 or below	F

Assignments for the Master of Arts in Religious Studies:

Each student will complete:

- Two reflection papers
- One 10 page (min 2500 words) research paper

See pg 5 for more information about the written assignments.

Grading

Assignment	Possible Points	Meets Learning Objective
Class Participation	100 points	#1, 2, 3, 4
Reflection Papers (2)	(60 + 40) = 100 points	#1, 2, 3, 4
Research paper	100 points	#1, 2, 3, 4

Final Grade Determination:

270- 300	A
240- 269	B
210- 239	C
180- 209	D
Below 180	F

Term Paper

- Choose a topic within the general field of Spiritual Healing. This topic should be relevant to topics studied in class.
- Submit a one page abstract of your paper to the instructor for approval before beginning research: State the topic, title, and a general description of your research.
- The final research paper should include references to published work not assigned in class.
- The purpose of this paper is to present a layperson's overview of some recent work being conducted in the area of spirit-mind-body healing.
- Use APA standards for all notes and references.

Grading Criteria for Term Papers

- Compliance with assignment parameters.
- Depth of insight and understanding expressed.
- Clarity of written expression.
- Use of research material. (Includes both quantity and quality of information.)
- Comprehensiveness of response.
- Grammar; spelling; sentence structure.

Reflection Paper

Write a personal reflection based upon questions handed out in class. (8-10 pgs)

Grading Criteria for Reflection Papers

- Compliance with assignment parameters.
- Depth of insight and understanding expressed.
- Clarity of written expression.
- Comprehensiveness of response.
- Grammar; spelling; sentence structure.

Expectations of Students

- Students are expected to come to class having read the assigned material and being prepared to discuss it.
- Since much of the classroom discussion may include personal reflections about spiritual healing and wholeness, it is expected that confidentiality will be honored.
- Attendance at all classes is strongly encouraged and is seen as key to successful completion of this course.

Classroom Protocol

Please behave in a manner the honors yourself and others, and honors the intention of this course and of Unity Institute. This includes turning off all cell phones before entering the classroom..

Late Assignment Policy

Assignments are due on the date assigned, at the beginning of class. Late assignments may be assessed a 3% penalty per day or 20% per week.

Academic Honesty

Unity Institute assumes that all students desire to pursue their academic and transformational work with honesty and scholarly integrity. Cheating, plagiarism, facilitating academic dishonesty and misrepresentation of self or other students are prohibited. Students may seek the assistance from others as long as the student submitting the assignment is actually doing the work.

If a faculty member discovers a student violating academic honesty the following penalty may be applied, depending upon the severity of the infraction:

1. A reduced grade for the assignment.
2. A grade of zero for the assignment.
3. An "F" for the course.
4. Remand the decision to the full faculty.

A report will be sent to the faculty, the Dean, as well as kept in the student's permanent file.

For further information about academic honesty, students are directed to review the Unity Institute Catalog and Unity Institute Student Handbook.

Special Concerns

If students have any special concerns and/or challenges that may affect their performance in this course, they are encouraged to speak with the instructor immediately so that any accommodations, if necessary, may be made.

Reference List for Additional Reading

Benson, H., Dusek, J.A., Sherwood, J.B., Lam, P., Bethea, C.F., Carpenter, W., et al. (2006). Study of the Therapeutic Effects of Intercessory Prayer (STEP) in cardiac bypass patients: A multicenter randomized trial of uncertainty and certainty of receiving intercessory prayer. *American Heart Journal*, 151(4), 934-942.

Casarjian, R. (1992). *Forgiveness: A bold choice for a peaceful heart*. New York: Bantam Books.

Harville, H., & Hunt, H.L. (2004). *Receiving love: Transform your relationship by letting yourself be loved*. New York: ATRIA Books.

Imara, M. (1975). Dying as the last stage of growth. In E. Kübler-Ross, *Death: The final stage of growth* (pp. 147-163). Englewood Cliffs, NJ: Prentice-Hall, Inc.

Joseph, L.E. (1990). *GAIA: The growth of an idea*. New York: St. Martin's Press.

Koenig, H.G. (1994). *Aging and God: Spiritual pathways to mental health in midlife and later years*. New York: The Haworth Pastoral Press.

Letters of Myrtle Fillmore. (1936). Kansas City, MO: Unity School of Christianity.

Levoy, G. (1997). *Callings: Finding and following an authentic life*. New York: Three Rivers Press.

Matthews, D.A. with Clark, C. (1998). *The faith factor: Proof of the healing power of prayer*. New York: Viking.

- McTaggart, L. (2002) *The field: The quest for the secret force of the universe*. New York: Harper Collins.
- McTaggart, L. (2007) *The intention experiment: Using your thoughts to change your life and the world*. New York: Simon & Schuster.
- Myss, C. (1996). *Anatomy of the Spirit: The seven stages of power and healing*. New York: Three Rivers Press.
- Paine-Gernée, K. & Hunt, T. (1990). *Emotional healing: A program for emotional sobriety*. New York: Warner Books, Inc.
- Shanklin, I.O. (1995). *What are you?* Unity Village, MO: Unity Books. (Original work published 1929).
- Weil, A. (1988). *Health and healing*. Boston: Houghton Mifflin Company.
- Work, R. with Groth, A.M. (1995). *Awaken to the healer within*. Sedona, AZ: Mission Possible Commercial Printing.