

MAS 608 Transpersonal Psychology 2 cr hr / 3 ceu
T Th 1:30-3 p.m. Spring 2009

Instructor Name	Robert Brumet
Office Hours	M 2:30-3:30 p.m.; T & Th: 9-10 a.m.; 3-4 p.m. Other times by appointment. (A sign-up sheet is on the door.)
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Required Texts	Washburn, M. (1995) <i>The Ego And The Dynamic Ground: A Transpersonal Theory of Human Development</i> . Albany NY: State University of New York Press. Wilber, K. (1979) <i>No Boundary: Eastern and Western Approaches to Personal Growth</i> . Boston: New Science Library. Wilber, K. (2000) <i>Integral Psychology: Consciousness, Spirit, Psychology, Therapy</i> . Boston: Shambala Publications.
Recommended Reading	Reynolds, B. (2006) <i>Where's Wilber At?: Ken Wilber's Integral Vision In The New Millennium</i> . St Paul MN: Paragon House. (Note: This book is "On Reserve" in the library.)

Course Description

MAS 608 Transpersonal Psychology (2 cr hr or 3 ceu) Transpersonal psychology stands at the interface of psychology and spiritual experience. It is the field of psychology which integrates psychological concepts, theories and methods with the subject matter and practices of spiritual discipline. In this course, we study and compare various transpersonal theories, drawing primarily from the work of two cutting-edge theorists: Ken Wilber and Michael Washburn.

Learning Objectives

Upon completion of this course, students will be able to:

1. Explain how transpersonal psychology can deepen our understanding of Unity teachings.
2. Compare and contrast the major thesis of the work of the theorists Ken Wilber and Michael Washburn.
3. Articulate the human developmental process in the language of transpersonal psychology.
4. Describe the spectrum of consciousness and corresponding psychotherapies and spiritual disciplines.
5. Explain the relationship between transpersonal psychology and other forms of psychology.

The above objectives partially fulfill the following outcomes for the Master of Divinity and Certificate programs: 1. Provide spiritual counsel, establish rapport, and communicate empathetically.
2. Perform pastoral care functions.

The above objectives partially fulfill the following outcomes for the Master of Arts in Religious Studies program: Discern answers to basic religious questions arising from the search for and encounter with the Sacred.

Class Schedule

Week	Date	Topic	Reading Assignment	Comments
1a	2/10	Course Overview Overview Of Psychological Systems		
1b	2/12	No Boundary	Ch 1- 2	
2a	2/17	No Boundary	Ch 3- 4	
2b	2/19	No Boundary	Ch 5- 6	
3a	2/24	No Boundary	Ch 7- 8	
3b	2/26	No Boundary	Ch 9- 10	
4a	3/3	Integral Psychology	P xii, 1-3 Ch 1 - 2	
4b	3/5	Integral Psychology	Ch 3- 4	
5a	3/10	Integral Psychology	Ch 5: (p 57+) Ch 6 Ch 7: (p 74- 77 only)	
5b	3/12	Integral Psychology	Ch 8: (p 87+) Ch 9: (p 115, 127- 28 only)	
6a	3/17	Integral Psychology	Ch 10 Ch 12	Abstract Due

Week	Date	Topic	Reading Assignment	Comments
6b	3/19	Integral Psychology	Ch 13, Ch 15 Ch 14 (Recommended)	
7a	3/24	The Ego and the Dynamic Ground	Preface (First Ed.) & Introduction	
7b	3/26	The Ego and the Dynamic Ground	Ch 1 p 9- 27	
8a	3/31	The Ego and the Dynamic Ground	Ch 1 p 27- 45 Ch 2- 3 (Recommended)	
8b	4/01	The Ego and the Dynamic Ground	Ch 4	Take-Home Exam distributed.
9a	4/07	The Ego and the Dynamic Ground	Ch 5 p 119- 131 Ch 5 p 131- 152 (Recommended) Ch 6	
9b	4/09	The Ego and the Dynamic Ground	Ch 7	
10a	4/14	The Ego and the Dynamic Ground	Ch 8 p 203-13 Ch 8 p 213-30 (Recommended) Ch 9 p 231-34; p 243-44 Ch 9 p 234-42 (Recommended)	
10b	4/16	Review & Summary		Exam & Term Paper Due.

Assignments for the Master of Divinity program:

1. Read assigned textbook material.
2. Participate in classroom discussions.
3. Complete a take-home exam and return no later than Thursday 4/16. *

4. Write a one-page abstract describing the general topic and focus of your term paper.
5. Write a term paper that describes some significant aspect of the process of spiritual growth and awakening. Write in layperson's language, using concepts and frameworks from Wilber, Washburn and various Unity authors, as well as ideas from two (or more) other authors of transpersonal theory. (10 - 15 pgs/ min 2500 words) Due Thursday 4/16. **

Grading

Assignment	Possible Points	Meets Learning Objective
Take Home Exam	100	1,2,3,4,5
Term Paper	100	2,3
Classroom Participation	100	1,2,3,4,5

Final Grade Determination:

300- 270 = A
 269- 240 = B
 239- 210 = C
 Below 210= F

Assignments for the Certificate program:

1. Read assigned textbook material..
2. Participate in classroom discussions.
3. Complete a take-home exam to be returned no later than Thursday 4/16.*

Grading

Assignment	Possible Points	Meets Learning Objective
Take Home Exam	100	1,2,3,4,5
Classroom Participation	50	1,2,3,4,5

Final Grade Determination

150- 135 = A
 134- 120 = B
 119- 105 = C
 104 - 90 = D
 Below 90= F

Assignments for the Master of Arts in Religious Studies program:

1. Read assigned textbook material..
2. Participate in classroom discussions.
3. Complete a take-home exam and return no later than Thursday 4/16. *
4. Write a one-page abstract describing the general topic and focus of your term paper.
5. Write a term paper that describes some significant aspect of the process of spiritual growth and awakening. Write in layperson's language, using concepts and frameworks from Wilber, Washburn and various Unity authors, as well as ideas from two (or more) other authors of transpersonal theory. (10 - 15 pgs/ min 2500 words) Due Thursday 4/16. **

Grading

Assignment	Possible Points	Meets Learning Objective
Take Home Exam	100	1,2,3,4,5
Term Paper	100	2,3
Classroom Participation	100	1,2,3,4,5

*** Note for Take-Home Exam:**

- The length of this paper will vary from person to person. The exam will consist of four or five essay-type questions each requiring a 500 - 1000 word response.
- Detailed instructions will be included with the exam questions.

**** Note for Term Paper:**

Choose a thesis and a title that will help you to focus your ideas. Examples:

- The role of meditation in spiritual awakening.
- How Unity teachings can promote spiritual awakening.
- Myths and facts about spiritual awakening.
- Stories of spiritual awakening and the knowledge we can gain from them.

These are examples only. You may use them if you wish, but are encouraged to develop your own.

Standards for Term Papers:

- Create a cover page which includes: Course name, instructor's name, date due and your name.
- Do not use a folder or binder.
- Double space.
- Cite all direct quotes or references.
- Include a bibliography.
- Use APA standards for references and text citations.
- Number all pages.
- Indicate word count at end of paper.

Evaluation of the written assignment is based upon the following factors:

- Compliance with assignment parameters.
- Depth of knowledge and insight.
- Comprehensiveness of response.
- Clarity in communicating ideas.
- Coherence and organization of ideas.
- Grammar, sentence structure, spelling. (Relaxed for ESL students.)

Classroom Participation

- A portion of the final grade is based upon classroom participation. This grade is based primarily on the quality of the student's participation in the classroom experience.
- It is the instructor's intention that every student participate in classroom discussions.

- Although attendance is not formally taken, one-hundred per-cent attendance is encouraged because classroom discussion is an essential part of the student's learning process.

Late Assignment Policy

Term papers received after the due date may be assessed a penalty of up to 3 % per day or 20 % per week.

Incomplete grades

Instructor has the option of assigning the grade of "I" (Incomplete) in situations involving serious illness or emergency. To receive the grade of Incomplete, a student must petition the instructor before the end of the course, stating the reasons for the incomplete grade. See student handbook for details.

Classroom Protocol

Please: a) be to class on time b) raise your hand if you have a question or comment c) refrain from engaging in any behavior which could impair the quality of the educational experience for yourself or others. d) Please turn off all cell phones.

Academic Honesty

Unity Institute assumes that all students desire to pursue their academic and transformational work with honesty and scholarly integrity. Cheating, plagiarism, facilitating academic dishonesty and misrepresentation of self or other students are prohibited. Students may seek the assistance from others as long as the student submitting the assignment is actually doing the work.

If a faculty member discovers a student violating academic honesty the following penalty may be applied, depending upon the severity of the infraction:

1. A reduced grade for the assignment.
2. A grade of zero for the assignment.
3. An "F" for the course.
4. Remand the decision to the full faculty.

A report will be sent to the faculty, the Dean, as well as kept in the student's permanent file.

For further information about academic honesty, students are directed to review the Unity Institute Catalog and Unity Institute Student Handbook.

Special Concerns

If students have any special concerns and/or challenges that may affect their performance in this course, they are encouraged to speak with the instructor immediately so that any accommodations, if necessary, may be made.

Selected Bibliography

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Beck, D (2002, Fall/Winter) *The Theory That Explains Everything: Spiral Dynamics with Don Beck. What is Enlightenment?* (Reprint).

Campbell, J. (Ed.) (1971) *The Portable Jung*. New York: Penguin Books.

Combs, A. (2002) *The Radiance of Being: Understanding The Grand Integral Vision; Living the Integral Life*. St Paul MN: Paragon House.

- Davis, J. (1999) *The Diamond Approach: An Introduction to the Teachings of A. H. Almaas*. Boston: Shambala.
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- Jung, C. (1933) *Modern Man in Search of a Soul*. San Diego CA: Harcourt Brace Jovanovich.
- Maday, M. (2006) *The Evolution of Consciousness And The Psychology of Transformation*. Masters Thesis, University of Philosophical Research. (Available in UI library)
- Maslow, A. (1968) *Toward a Psychology of Being*. New York: Van Nostrand Reinhold.
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- Pendergast, J., Fenner, P., & Krystal, S. (Eds.) (2003) *The Sacred Mirror: Nondual Wisdom and Psychotherapy*. St Paul MN: Paragon House.
- Rothberg, D. and Kelly, S. (Eds.) (1998) *Ken Wilber in Dialogue: Conversations with Leading Transpersonal Thinkers*.
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- Wilber, K. (1993) *The Spectrum of Consciousness*. Wheaton IL: Theosophical Publishing.
- Wilber, K. (1998) *The Essential Ken Wilber: An Introductory Reader*. Boston: Shambala.
- Wilber, K. (2000) *A Theory of Everything: An Integral Vision For Business, Politics, Science and Spirituality*. Boston: Shambala.
- Wilber K. (2008) *The Pocket Ken Wilber*. Boston: Shambala