



MAS 609 Transpersonal Psychology
2 Credits/3 CEUs

Faculty	Robert Brumet
Office Hours	M - Th: 3:30-4:30 pm Other times by appointment. (A sign-up sheet is on the door.)
Telephone	Office 816 251 3535 x2440 Cell Phone: 816 853 5721
E-Mail	BrumetRJ@unityonline.org
Required Reading	Washburn, Michael. The Ego And The Dynamic Ground: A Transpersonal Theory of Human Development. Albany NY: State University of New York Press, 1995. Wilber, Ken. No Boundary: Eastern and Western Approaches to Personal Growth. Boston: New Science Library, 1979. Wilber, Ken. Integral Psychology: Consciousness, Spirit, Psychology, Therapy. Boston: Shambala Publications, 2000.
Recommended Reading	Wilber, Ken. The Integral Vision. Boston: Shambhala, 2007

Course Description:

MAS 609 Transpersonal Psychology (2 cr hr or 3 ceu) Transpersonal psychology stands at the interface of psychology and spiritual experience. It is the field of psychology which integrates psychological concepts, theories and methods with the subject matter and practices of spiritual discipline. In this course, we study and compare various transpersonal theories, drawing primarily from the work of two cutting-edge theorists: Ken Wilber and Michael Washburn.

Learning Objectives:

1. Explain how transpersonal psychology can deepen our understanding of Unity teachings.
2. Compare and contrast the major thesis of the work of the theorists Ken Wilber and Michael Washburn.
3. Articulate the human developmental process in the language of transpersonal psychology.
4. Describe the spectrum of consciousness and corresponding psychotherapies and spiritual disciplines.
5. Explain the relationship between transpersonal psychology and other forms of psychology.

Upon completion of

this course, students will be able to:

The above learning objectives partially fulfill the following program outcomes for the Master of Divinity and the Diploma in Unity Ministry: 1. Provide spiritual counsel, establish rapport, and communicate empathetically. 2. Perform pastoral care functions.

