



*Your  
Higher  
Calling*

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Bible references in this booklet are from the  
New Revised Standard Version unless otherwise indicated.



# Introduction

Lent is a time for inner reflection and renewal. It is a time for letting go and discovering new avenues of blessings. Most of all, Lent is a time of preparation for spiritual resurrection and transformation. As you join us in reading, studying, and meditating this Lenten season, you are preparing yourself for something very special—something that only you can invite into your life.

The messages of this booklet focus on Bible characters who were called to reach higher, to go beyond their comfort zone. Like these characters, you have a higher calling, and you have the wisdom and strength to follow your guidance to spiritual transformation.

This is the ultimate goal of taking part in Lent—leaving behind the old and accepting, celebrating, and rejoicing in the new. We invite you to become a new person, to let go of old ideas and ways of being, and to completely accept yourself as a beloved child of God.

Our prayer is that your life will be transformed, that each day will be a new and glorious day to express the Christ Spirit within you. And we hope this booklet will inspire you on this spiritual journey. As always, we are here to support you with prayers of love and faith. Please feel free to call Silent Unity anytime of the day or night at 1-800-NOW-PRAY (669-7729).

Remember that you are loved by God. You are an expression of the divine, filled with unlimited potential. We are one with you on this journey of renewal, for we are all one in Spirit.

*Your friends in Unity*



# 1st Day of Lent

Ash Wednesday  
February 6, 2008

*“When the Lord saw that he had turned aside to see, God called to him out of the bush, ‘Moses, Moses!’ and he said, ‘Here I am.’”—Exodus 3:4*

What is God calling me to do? What unique blessing do I bring to the world? As I ask this question, I think about the things that make me unique—the skills and talents I possess, the strengths and characteristics I have within me. One thing I know is that I am a child of God, and as God’s child, I can be sure of a divine plan for my life.

Lent is a perfect time to let go and reflect on what it means to be a child of God. As I begin this Lenten season, I search within my heart for direction. I give thanks for the wisdom of Spirit that is continually guiding me on my path in life. And I give thanks for the traits and skills that make me the special person I am. I know that I have a unique role to fill, and I am open to the direction of Spirit in whatever way it comes to me.

Throughout this sacred season, I will remember to keep my focus on God. I will take time to go within, to listen for the call of Spirit. I will focus on what is important to me in my spiritual life and allow my divine path to unfold. I know that as I do, I will feel closer to God. I know, too, that my life will be transformed in powerful ways.

*I am a child of God, and I open my heart, mind, and life to the call of Spirit within me.*

# 2nd Day of Lent

Thursday  
February 7, 2008

*“An angel of the Lord appeared to him in a dream and said, Joseph, son of David, do not be afraid to take Mary as your wife, for the child conceived in her is from the Holy Spirit.”*

—Matthew 1:20

Hearing divine guidance—a call to action—can be unnerving or even seem inconvenient. If I let my creative mind conjure too many “what ifs” or “not nows,” I may be too afraid to act on my guidance.

If my concern is about the unknown future, I can replace any thought of fear with thoughts of faith. This positive approach helps me think clearly and trust in God, my source of good.

Sacred moments of communion with God open my mind to a positive perspective. During these times of reflection, I can sort through the concerns of my heart and make sure I’m accurately hearing God’s call. I feel the assurance of clarity, and this awareness fills me with a deepening sense of peace.

I trust the spirit of God to keep me serene and secure and to provide all that I need as I move forward on the path that fulfills my divine purpose.

*My heart is serene and my path is clear as I listen to God’s call and respond with faith and confidence.*

# 3rd Day of Lent

Friday  
February 8, 2008

*“Then the Lord spoke to you ... you heard the sound of words but saw no form; there was only a voice.”—Deuteronomy 4:12*

In my quiet times of prayer and meditation, I open my mind and heart to inspiration and I consciously listen for guidance. My will is to do God’s will, and by being attentive to the ways in which God speaks to me, I can find my purpose and follow whatever plan is unfolding for my life.

I know that God is unlimited and that there are infinite ways in which God may speak to me. As I become alert to various possibilities, I may hear the wisdom of God in the words of a child, read a message on a billboard that speaks to me, dream a dream that prompts me to act, or simply know in the stillness of my heart what I should do.

During this Lenten season, while nature waits to hear the call to bud, to bloom, to hatch, and to awaken to spring, I, too, listen for the next call for my life. Whether it is simple or profound, it will be a call that touches my heart and fuels my ability to accomplish God’s will. It will be a call that makes a difference in my life and the lives of those I care about. And it will be the call that moves me forward on my life’s path and guides me closer to fulfilling my purpose.

*My spirit awakens to God’s call and prepares me to accomplish God’s will in my life.*

# 4th Day of Lent

Saturday  
February 9, 2008

*“Joshua then said to the Israelites, ‘Draw near and hear the words of the Lord your God.’”—Joshua 3:9*

How do I find my purpose? How do I know when God is calling me to a higher experience—an awakening, a learning process, or a time of rebirth? When these questions arise in my life, I may look around me for answers. Perhaps I ask my friends and family members what I should do or scour the newspapers for a job or volunteer opportunity that speaks to my soul.

I may feel that I have to figure everything out for myself, but the truth is God is my ever-present guide and strength. God is my spiritual compass when I set out on a quest to find my purpose. How do I draw near to God and listen for direction? I can pray.

Spending time in the silence of prayer helps me focus on God and become receptive to divine inspiration. As I pause to center myself in prayer, I listen, not for an audible voice but for an inner assurance. As I open my awareness and relax in these moments, I trust that God will speak to me in a way that I can understand and at the time I need to hear it. A flash of inspiration or a quiet urging may come to me at any point in prayer or in my daily activities. I will hear the call and know what direction to take.

*I commune with God in prayer and awaken to divine guidance. My purpose is revealed.*

