

TOUCHING THE STILLNESS SILENT RETREAT

October 14 - 17, 2010

Thursday, October 14	Friday, October 15	Saturday, October 16	Sunday, October 17
<p>Welcome to Unity Village</p> <p>You bless us with your presence!</p> <p>This schedule will help you know what activities are planned during your retreat. Listed at the end of this schedule are some helpful tips.</p> <p>If you have any questions, please call Unity Reservations at ext. 3540.</p>	<p>YOGA 7:00 - 8:00 AM (SLC)</p>	<p>YOGA 7:00 - 8:00 AM (SLC)</p>	<p>YOGA 7:00 - 8:00 AM (SLC)</p>
	<p>BREAKFAST (INN) 7:30 - 8:30 AM</p>	<p>BREAKFAST (IN SILENCE) (INN) 7:30 - 8:30 AM</p>	<p>BREAKFAST (INN) 7:30 - 8:30 AM</p>
	<p>MORNING PROGRAMS (SLC)</p>	<p>MORNING PROGRAMS (SLC)</p>	<p>CLOSING CIRCLE (SLC) Rev. Paulette Pipe 8:45 - 10:15 AM</p>
	<p>"INTO THE SILENCE" CEREMONY 9:00 - 10:30</p>	<p>"PATHWAYS TO STILLNESS" 9:00 - 10:30 AM</p>	<p>Unity Village Chapel Service (AC) 10:30 AM</p>
	<p>BREAK 10:30 - 11:00 AM</p>	<p>BREAK 10:30 - 11:00 AM</p>	
	<p>"IN THE SILENCE" 11:00 AM - Noon</p>	<p>"MOVING DEEPER INTO STILLNESS" 11:00 AM - NOON</p>	<p>LUNCH (INN) Noon - 1:00 PM</p>
	<p>COMMUNAL LUNCH IN SILENCE (INN) Noon - 1:00 PM</p>	<p>COMMUNAL LUNCH IN SILENCE (INN) Noon - 1:00 PM</p>	<p>AFTERNOON PROGRAM (SLC) "SPIRITUAL EXCAVATION IN STILLNESS" 1:30 - 2:30 PM</p>
<p>CHECK-IN AND WELCOME (SLC Lobby) 3:00 - 5:00 PM</p>	<p>PERSONAL REFLECTION AND SACRED SOLITUDE TIME 2:30 - 5:30 PM</p> <p>Massage* 1:30 - 5:00 PM (Cottage B-West)</p>	<p>PERSONAL REFLECTION AND SACRED SOLITUDE TIME 2:30 - 4:00 PM</p>	
<p>ORIENTATION (INN) 5:00 - 5:30 PM</p>	<p>Optional Meditation (FC) 3:00 - 3:30 PM</p>	<p>OUT OF THE SILENCE CEREMONY (SLC) Rev. Paulette Pipe 4:00 PM</p>	
<p>DINNER (INN) 5:30 - 6:30 PM</p>	<p>COMMUNAL DINNER IN SILENCE (INN) 5:30 - 6:30 PM</p>	<p>CELEBRATION BANQUET (INN) Blessing of Love Offerings 6:30 - 8:00 PM</p>	
<p>EVENING PROGRAM (SLC) CREATING SACRED SPACE Rev. Paulette Pipe 7:00 - 8:30 PM</p>	<p>EVENING PROGRAM (SLC) TOUCHING THE STILLNESS PRAYER PROGRAM Rev. Paulette Pipe 7:00 - 8:30 PM</p>	<p>REFRESHMENTS (SLC) 8:30 - 9:00 PM</p>	
<p>REFRESHMENTS (SLC) 8:30 - 9:00 PM</p>	<p>REFRESHMENTS (SLC) 8:30 - 9:00 PM</p>	<p>THE PRAYER EXPERIENCE MEDITATION (SLC) 10:00 - 10:15 PM</p>	
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(FC) = Fillmore Chapel (BK) = Unity Village Coffee Shop and Bookstore (INN) = Unity Inn
(SLC) = Spiritual Life Center Main Conference Room

* 20 minute Chair Massages are available for \$25; schedule and pay at the SLC Reservations Desk

Preliminary Schedule - Subject to Change